

## What can I bring, or do I need to bring on admission?

All baggage will be searched on arrival to the TC and any items found that are not suitable will be stored in individual's Personal Property box until discharge and only be accessible with Staff permission.

Maximum of **1** suitcase (or equivalent) with a small carry bag per adult – **do not bring more than one suitcase as you will not be able to bring excess luggage into the Therapeutic Community** (note that where children are accompanying parents to the program one additional suitcase, or equivalent, per child is allowed).

Required for all programs	
Medicare Card	
Health Care Card	
If exiting AMC for admission to Karralika Programs please ensure you have your AMCID	
Driver's License (only if applicable and valid)	
Enough medication to last 2 weeks	
Repeat scripts for any current medication	
Other Personal Identification (Centrelink purposes if required)	
Swimming Costume	
Toiletries to last 2 weeks	
Pillow Towel and wide brim hat (these will be provided to you at a cost if you do not have them)	
Active wear (exercise gear)	
Closed toed shoes	
Family program only	
Special items for your child (blanky, favourite book, teddy)	
Children's Birth Certificate (when accompanying children are attending);	
Childs Car seats	
Pram	
Small selections of toys	
Enough baby formula to last 2 weeks	
Enough nappies to last 2 weeks	
Health records and medication for children	
Other items permitted	
Small stereo (with headphones) or IPOD or similar;	
Clock Radios are permitted;	
Coat hangers;	
Hairdryers, crimpers & straighteners are permitted, as are hair clippers. Some restrictions may apply to the use of these items as well (note that all electrical equipment will be tagged & tested on admission);	
Some reading material	
Colouring pens/penicils and book	
A few photos of loved ones	



**KARRALIKA**  
programs to help you choose a better life

### Items we provide

- ✓ Bedding ( pillow and towel at a cost)
- ✓ Basic tea and coffee (you can bring your own preference)
- ✓ 3 meals a day (fruit to snack on )
- ✓ Paper/pens
- ✓ washing powder for clothes

### **ITEMS NOT PERMITTED**

- × **Takeaway doses of ORT medications;**
- × **Mouthwash/perfume/ Hygiene products that contains alcohol – aerosols not permitted.**
- × **Pets;**
- × **Any drug or alcohol related or offensive logos or similar on clothing;**
- × **Pornography, sex toys or similar;**
- × **Playing cards or similar;**
- × **Literature on gangs, murders, drugs etc. AA and NA literature is acceptable;**
- × **Witchcraft or similar items;**
- × **Suggestive clothing (e.g. Shoe string tops need to be covered, short shorts);**
- × **Cash and/or weapons;**
- × **Vehicles;**
- × **Drugs or alcohol, or drug taking paraphernalia.**
- × **Mobile phones (if you bring one we will store it securely until your departure);**
- × **Laptops/ games consoles/ electronic devices;**