

Transition Support

When leaving the Alexander Maconochie Centre, Solaris participants have access to support through the Solaris Transition Program for up to 6 months. The Solaris Transition Program was developed in recognition of the high risk period for detainees immediately post release from incarceration and aims to minimise the risk of relapse into offending or harmful substance use behaviour upon transition to the community. This support includes case management, links to other specialist or community-based services, and support to prevent relapse.

Karralika Programs delivers the Solaris Therapeutic Community in partnership with ACT Corrective Services and funding received from the Australian Government Department of Health for this program.



Karralika Programs acknowledges that we are on the lands of the traditional custodians and we pay respect to Elders and leaders past, present and emerging. We are committed to improving the health and well-being of all Aboriginal and Torres Strait Islander people and we strive to make sure all people from all diverse backgrounds feel welcome and supported in our programs.



A therapeutic drug and alcohol treatment program for males in the Alexander Maconochie Centre.



About Solaris

Solaris is a voluntary program for adult males in the Alexander Maconochie Centre who have alcohol and/or other drug dependency issues using a therapeutic community approach to treatment and ongoing recovery. A modified Therapeutic Community, Solaris provides a safe and supportive learning environment within which participants can explore and establish change and lay the foundations for ongoing recovery.

Program

Through the provision of targeted interventions, the model was developed to support the human rights approach of the AMC to help participants understand the links between their criminal activity and their drug use in order to develop stronger pro-social links to their families and community

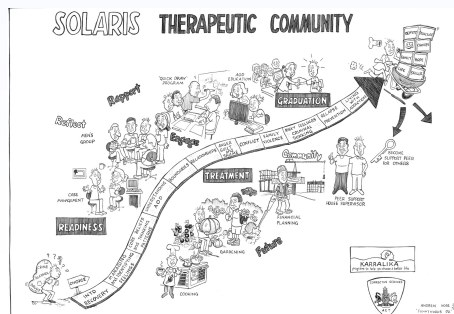
Assessment - comprehensive assessment to identify needs and to develop a personal treatment plan.

Readiness - up to 4 weeks preparation for treatment involving information and education.

Treatment - 16 week program that identifies the relationship between drug use and crime and introduces tools, strategies and skills to reduce harm and make better decisions to support behaviour change and improve wellbeing. Program includes group work and individual case management.

Graduate - up to 8 weeks focusing on strengthening and applying the tools and knowledge learned in treatment.

Transition - Support when returning to the community upon release to continue recovery and prevent relapse.



Other Supports

- Literacy Programs
- Creative Therapy including cartooning, DRUMBEAT and other activities
- Hepatitis Awareness Program
- Financial Literacy
- Legal Literacy
- Cultural Support Programs
- Recreational Activities
- Peer support
- Life Skills and health and wellbeing programs

Graduation

It's not how far you have to go but how far you have come! Graduation provides an opportunity for Solaris participants to share their program achievements with their peers, family and friends and is a time for Graduates to reflect on what they have learned and what options and goals they now have for their future. Graduation provides the important acknowledgement that in completing the program, a milestone has been achieved and can be the encouragement required to continue the recovery journey.

