



KARRALIKA

programs to help you choose a better life

Who are we?

Karralika Programs Inc. has been operating for over 40 years, supporting adults and their families in Canberra and surrounding regions through a range of alcohol and drug programs.

We exist to provide specialist drug and alcohol services to support the needs of young people, individuals, families and communities.

Our vision is to empower change, creating new futures for optimal quality of life.

We are a not-for-profit organisation. This service is funded by NSW Health.



Hours of Operation

MONDAY to FRIDAY 9am - 5pm
(except public holidays)

To make a referral or appointment please contact:

Main office: 02 6185 1300

Marie mobile: 0473 527 728

Jenny mobile: 0487 527 723

a: 36 Gurwood Street, Wagga Wagga

e: childand youth@karralika.org.au

w: www.karralika.org.au



Karralika Programs Inc.



Child and Youth Alcohol and Drug Support Service, Wagga Wagga area

Karralika Programs acknowledges that we are on the lands of the traditional custodians, the Wiradjuri people. We pay respect to Elders past, present and emerging and we are committed to improving the health and well-being of all Aboriginal and Torres Strait Islander people. We strive to make sure all people from all diverse backgrounds feel welcome and supported in our programs.





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What do we do ?

We are here to support children and young people between the ages of 10 and 19 years who are experiencing difficulties with alcohol and other drug issues.

By working with children, young people, their families and other service providers we aim to reduce the harms associated with drug and alcohol use and improve quality of life.

Our child and youth alcohol and drug support services are staffed by an experienced clinician and a nurse.

Karralika Child and Youth Programs are free of charge and confidential.



Karralika
Programs Inc.



How we work

We can meet with you at our office or in a space that is safe and comfortable.

We work with the whole person, providing integrated care through working with other service providers. This could be your General Practitioner, school, mental health worker, Aboriginal health worker, Justice worker or any one else who is important to your treatment.

We can also help you to connect with other services that you may benefit from.

Our model is to work with your strengths to increase safety and empower you to make better choices.

What we provide

- Comprehensive assessment, including health assessment
- Treatment planning that can include other service providers
- Brief interventions and short-term counselling (individual & family)
- Assistance with drug withdrawal and/or reduction
- Factual information about drugs and how they can affect you and other people
- Secondary consultation and capacity building to other non-alcohol and drug service providers
- Case planning with service providers regarding alcohol and drug issues